



HSA SMART News

September 2015

Benefits Enrollment: Be Ready, Be Smart

Benefits sign-up time will be here before you know it. Be ready to make the right choices for you and your family. This issue of HSA SmartNews highlights online tools and resources that can help you navigate your healthcare benefit options. Whether you're new to the Health Savings Account (HSA) or need a refresher on HSA benefits and usage, these learning resources can meet your needs. Read on for more details.

Videos offer quick takes on benefits of HSA ownership
HSA Minute is a video series that looks at how an HSA works and how you can use it to get more value from your healthcare dollars. The following videos are available to view and share:

HSA: Food for Thought highlights the main "ingredients" for a winning healthcare option: the High-Deductible Health Plan (HDHP) paired with the tax-advantaged HSA.

HSA: Fiscal Fitness looks at how consumers can use an HSA to put more muscle in their healthcare dollars.

Take a minute for *HSA Minute* and learn about all the benefits an HSA can bring to the table for you!

Free Webinars Explain HSA Basics and Benefits

Our free HSA webinars are another valuable resource to help you understand and use an HSA to your best advantage. These live 30-minute sessions include participant question-and-answer time.

HSA 101 – An Overview of Health Savings Account Basics
[Click Here](#) to register.

Date: Every Monday

Time: 12:30 p.m. Eastern Time

HSA 102 – Tips for Managing & Maximizing Your HSA
[Click Here](#) to register.

Date: Every Monday

Time: 4:00 p.m. Eastern Time

Once registered for a webinar, you will receive a confirmation email with instructions for joining the session.

HSA Calculator Compares the Sum of All Plans

Take the guesswork out of choosing a High-Deductible Health Plan and Health Savings Account (HDHP/HSA) with our HSA vs. Traditional Health Plan Calculator. This comprehensive online calculator lets you do a side-by-side cost comparison of an HDHP/HSA and a traditional health plan, including premiums, out-of-pocket expenses and estimated federal and state tax savings.

The calculator is available on your HSA website from the home page at HSA Resources > Financial Calculators. Use this tool to get the "sum of all plans" and see firsthand how the benefits of an HDHP/HSA can add up for you.