



HSA EMPLOYER News



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New HSA Calculator Compares the Sum of All Plans

Your employees can take the guesswork out of choosing a High-Deductible Health Plan and Health Savings Account (HDHP/HSA) with our newly designed HSA vs. Traditional Health Plan Calculator. It's just the tool they need to understand how the financial benefits of your HSA plan may apply to their personal situation.

This comprehensive online calculator lets employees do a side-by-side cost comparison of an HDHP/HSA and a traditional health plan, including premiums, out-of-pocket expenses and estimated federal and state tax savings. The calculator is available on our website from the home page at [HSA Resources > Financial Calculators](#).

Encourage your employees to get the "sum of all plans" with this financial calculator and see firsthand how your HSA solution can add up for them.

Take A Minute for HSA Minute

In case you missed its debut, our new video series, HSA Minute, is now available with quick takes on the Health Savings Account and all the ways it can help your employees effectively manage their healthcare dollars.

Launching the series is [HSAs: Food for Thought](#), which highlights the main "ingredients" for a winning healthcare option: the High-Deductible Health Plan paired with the tax-advantaged Health Savings Account.

As benefit enrollment time gets under way, we invite you to post this video to your website where employees can view it as they weigh their health plan options. Contact us at clientservices@thebancorp.com to request the video file.

The Fight Against Diabetes Gets Cooking™ this November

America Gets Cooking™ to Stop Diabetes® will theme activities for American Diabetes Month this November. An unhealthy diet and body weight have been identified as factors in the onset of certain types of diabetes. Making even modest lifestyle changes can yield big health benefits.

The 2014 campaign, sponsored by the American Diabetes Association, aims to improve public knowledge about nutrition and diabetes through healthy cooking tips, recipe ideas, holiday recipe makeovers and easy ways to boost activity levels. You can use this health observance to help your employees prevent or manage this ever-growing disease. Promotional materials are available from the American Diabetes Association on their [website](#).

More Americans die from diabetes each year than from breast cancer and AIDS combined. Nearly 30 million children and adults now have diabetes, and another 86 million Americans live with a condition known as prediabetes. Those affected by diabetes are vulnerable to other serious health complications such as heart disease, nerve damage, blindness, kidney failure, and amputations. (Source: American Diabetes Association)

More information about diabetes is available at www.cdc.gov/features/livingwithdiabetes.

